

# JANUARY CAFETERIA MENU



| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|---|---|---|---|
|  |   |   | 3<br>Hot Pretzel with cheese<br>Glazed carrots<br>Applesauce  | 4<br>Popcorn Chicken<br>Crinkle Fries<br>Corn<br>Applesauce Cups  |
| 7<br>Rotini pasta with alfredo sauce<br>Breadsticks<br>Green beans<br>Diced pears  | 8<br>Nachos with meat and cheese<br>Fiesta rice & beans<br>Mixed Fruit Gelatin Cups | 9<br>Cheeseburger<br>Crinkle fries<br>Peas<br>Sliced Peaches                                  | 10<br>Chicken & gravy<br>Freshly baked biscuit<br>Corn<br>Applesauce  | 11<br>Tomato soup<br>Toasted cheese sandwich<br>Diced peaches   |
| 14<br>Homemade Macaroni & Cheese<br>Breadsticks<br>Green beans<br>Diced pears  | 15<br>Quesadillas with chicken<br>Spanish rice<br>Mixed fruit                       | 16<br>Chicken patty on a bun<br>Curly fries<br>Glazed carrots<br>Applesauce                   | 17<br>Meatball hoagie<br>Corn<br>Tossed salad<br>Dice peaches   | 18<br>Pancake and sausage on a stick (like a corndog) with syrup<br>Tater Tots<br>Mixed Berry Fruit Cup |
| 21<br>NO SCHOOL  | 22<br>Walking Taco with Fritos or Doritos<br>Corn & bean medley<br>Warm Apple Crisp | 23<br>Homemade Chicken Noodle Soup<br>Toasted Cheese Sandwich<br>Celery Sticks<br>Diced pears | 24<br>Italian Dunker (mozzarella-filled bread sticks with marinara sauce)<br>Pepperoni slices<br>Green Beans, Peaches | 25<br>Cheeseburger on a bun<br>Mashed potatoes<br>Peas<br>Mandarin oranges                              |
| 28<br>Pierogis<br>Green beans<br>Cinnamon Pear Oat Bars  | 29<br>Hot Ham & Cheese Panini<br>Corn<br>Pineapple Bits                             | 30<br>French Toast Sticks<br>Tater Tots<br>Sausage Links<br>Mixed Berry Fruit Cups            | 31<br>Chicken parmesan<br>Buttered noodles<br>Peas<br>Diced peaches   |   |
| Notes:<br><ul style="list-style-type: none"> <li>1% milk is served every day: chocolate, vanilla, strawberry and white.</li> <li>Fresh fruit is available daily</li> <li>A rotation of fresh veggies is available every day, including broccoli, carrots, celery, salad, tomatoes and other seasonally available produce.</li> </ul> |   |   |   |   |